

[View this email in your browser](#)



The Messenger

TERM 3 WEEK 3 TUESDAY 30 JULY 2019

[\(DOWNLOAD PDF VERSION BY CLICKING HERE\)](#)



"We leave something of ourselves behind when we leave a place, we stay there, even though we go away. And there are things in us that we can find again only by going back there."

Pascal Mercier, Night Train to Lisbon.

To friends and families,

Last Thursday evening, Year 10 students gave a presentation to the parents and the school community on their recent cultural exchange to Slovenia. The students all spoke so enthusiastically about the trip and their experiences. Slovenia, although becoming very popular as a tourist destination in recent times was relatively unknown until its independence in 1992. The superlative "amazing" was perhaps too frequently used throughout the evening but it was definitely heartfelt. On the way home Peter and I mused that the trip wouldn't have happened if it wasn't for Nanna.

Peter's mother Mira, Nanna, left her beloved Slovenia during World War 2 and was unable to return due to her involvement in political activism. Her siblings, however, remained in the loosely associated states of the country known as Yugoslavia. She went to Italy as a refugee and eventually migrated to Australia in 1949 with her Hungarian husband. She missed her homeland and corresponded regularly and passionately with her siblings for the rest of her life, thus creating a curiosity and interest in the country she always called Slovenia, with her children and her grandchildren. Six years ago, Peter and I visited Slovenia to meet up with Mira's relations. A chance conversation in a restaurant next door to the Waldorf School lead us to drop in unannounced to Ljubljana Waldorf School; a warm welcome and introduction to the school was extended to us by Igor, the music teacher. Five years later, another member of our faculty, Peter Henderson, was visiting his German mother-in-law, and after having had a conversation with me about the possibility of overseas exchange, he visited the Ljubljana Waldorf School. Conversations flowed back and forth with the vision to establish an exchange programme. It was considered by some, to be a very brave or possibly foolish idea to take a Class of Year 10 students across the world to attend Year 10 classes in a foreign language.

Mira died in 2001; she would be so pleased to know that eight 16-year olds shared her passion and love of Slovenia and experienced the generosity of her Slovenian people. She too was 16 when she left her homeland.

Fran Cummins
Principal

2019-SCHOOL EVENTS AND DATES TO REMEMBER

Term 3: Tuesday 16 July – Friday 20 September	
Prep 1 & 2 Mt Stirling Cross Country Skiing	Monday 29 July 9am – 4pm Cancelled due to weather
Class 3, 4 & 5 Mt Stirling Cross Country Skiing	Tuesday 30 July 9am – 4pm
Prep Try Day - CANCELLED	Tuesday 30 July (2020 RM class FULL)
Rosa Mundi Parent Information Night	Tuesday 30 July 7pm
Class 4 Parent Information Night	Tuesday 30 July 7pm Note change of date
Class 6/Years 7-9 Mt Stirling Cross Country Skiing	Wednesday 31 July 9am – 4pm
Bindaree - Prep Visit	Thursday 1 August
Class 1 Parent Information Night	Thursday 1 August Postponed, new date TBC
Class 6 Overnight Astronomy camp	Thursday 1 August
Class 5 Play Ramayana	Thursday 1 August Postponed until Term 4
Census Day	Friday 2 August
Class 3 class stall	Friday 2 August 1-2pm
Prep 1 & 2 Mt Stirling Cross Country Skiing	Monday 5 August 9am – 4pm
Secondary Parent Information Night Yrs 7, 8 & 9, 10 Please note change of date for Year 7	Monday 5 August 6.45pm for 7pm start, 7-8.30pm
Class 3,4 Mt Stirling Cross Country Skiing	Tuesday 6 August 9am – 4pm
Class 2 Parent Information Night	Tuesday 6 August 7pm
Class 5/6/Years 7-9 Mt Buller Downhill Skiing	Wednesday 7 August 8am – 5pm
Class 3 Parent Information Night	Wednesday 7 August 7pm
Year 7 Play – King Arthur	Thursday 8 August 12pm and 7pm
AMEB music exams	Saturday 10 August
Prep 1 & 2 Mt Stirling Cross Country Skiing	Monday 12 August 9am – 4pm
Class 3 & 4 Mt Stirling Cross Country Skiing	Tuesday 13 August 9am – 4pm
Class 5/6/Years 7-9 Mt Buller Downhill Skiing	Wednesday 14 August 8am -5pm
Vic Steiner Schools staff PD day at MRSS	Friday 23 August STUDENT FREE DAY
Yr 8 & 9 Northern Territory Camp with Remote Tours	Monday 26 August to Sunday 1 September
Governance Meeting	Monday 26 August 6.30pm
Class 2 Play – <i>St George and the Dragon</i>	Thursday 29 August 12pm and 7pm

Stay up-to-date with all our events and date changes by subscribing to the 2019 Calendar...

SUBSCRIBE



2020 TERM DATES

Term 1: Tuesday 28 January Staff PD day

Wednesday 29 January students commence.

Last day of term: Friday 27 March - early departure time, 2 week holiday.

Term 2: Tuesday 14 April Staff PD day

Wednesday 15 April students commence.

Last day of term: Friday 19 June - normal departure time, 3 week holiday.

Term 3: Monday 13 July Staff PD day.

Tuesday 14 July students commence.

Last day of term Friday 18 September - early departure time, 2 week holiday.

Term 4: Monday 5 October Staff PD day.

Tuesday 6 October students commence.

Last day of term: Thursday 10 December - normal departure time, 6 week holiday.



SCHOOL SKI PROGRAM

Prep to Class 4 - 4 weeks to Mt Stirling Cross Country Skiing.

Class 5 - Year 9 - 2 weeks to Mt. Stirling Cross Country Skiing, 2 weeks to Mt. Buller Downhill Skiing.

Mt Stirling 9am - 4pm

Prep 1 & 2 Mon 29/7, 5/8, 12/8

Classes 3, 4 & 5 Tues 30/7

Classes 6, 7, 8 & 9 Wed 31/7

Classes 3, 4 Tuesday 6/8, 13/8

Mt. Buller 8am - 5pm

Class 5 - Yr 9 Wednesday 7/8, 14/8



EARLY CHILDHOOD

The Rosa Mundi and Morning Star classes have settled into Term 3, welcoming small changes to the weekly rhythm.

There were lots of busy helpers at the working bee, weeding, digging and spreading soil as they helped in both gardens. The Morning Star garden is looking quite different. The children have enjoyed helping take care of their new cubby house and slide. Thank you to all of the parents who were able to give some time to caring for our school. The children really appreciate your hard work.

The Rosa Mundi class absolutely embraced their first visit to the snow with great enthusiasm, brushing off any worries that they may have previously felt. What fun we had learning how to put our skis on and off and how to get back up when we fell over. Lots of laughs were shared as we all took turns being the wolf, when playing

"What's the Time Mr Wolf." There were some confident little sheep fleeing quickly on their skis along the trail. Thank you to all of our busy parent helpers, who help make this program a success. Fingers crossed for more snow in the coming weeks.



PRIMARY

Class 1 will continue with their recorder main lesson, looking at native birds and learning lots of Taungurung names for native animals.

Class 2 is looking forward to cross country skiing on Mt. Stirling over the next 4 weeks. In main lesson, the students are hearing stories of saints that lived long ago, such as St. George, St. Genevieve and St. Basil. We recite poetry written by saints and learn about the purity, love and sacrifice they made in their lives. Students paint, mould, draw and act out the various stories and will start working on their class play. In gardening the children are sanding and oiling the tools, and have picked herbs and potatoes for cooking.

Class 3 are continuing with their Money main lesson. This has involved a class market, creating items to sell, inventing a currency system and negotiating the rules and agreements on the running of the stalls. This has progressed and the class is now preparing for a class stall where we will sell items to the school community. The children are currently deciding what items to make and then we will price them and label everything for the big sale on Friday 2 August. All items are handmade from recycled materials. The children will then have the opportunity to become sellers and handle real currency. This main lesson has also introduced vertical addition using a decimal point.

Class 4 have begun hearing the tales of the Norse Myths and have been busy recording these stories in their own words. These challenging and complex stories are stretching not only their imaginations, but their skills in sentence and narrative structure. The plethora of characters and connections between them in these stories is a significant test for our memory. We have also begun the task of constructing Viking shields and will soon begin preliminary preparations for our play.

Class 5 are continuing work in their World of Mathematics main lesson, consolidating their understanding of decimal fractions and investigating maths problems relating to Ancient Egypt. We have started work on our play, The Ramayana and enjoyed

hearing more about Rama and Sita from our Indian friend Anisha, who has kindly offered to help direct the play. The class were inspired to be back on the trails at Stirling and have a plan to reach the upper heights this week!

Class 6 are studying their second unit of physics for the year, which entails magnetism, electricity and renewable energies. Then we are going to do a main lesson on geology followed by algebra, before we put on our play of Julius Caesar in the last week of Term.



SECONDARY

It is lovely to have Year 10 back, their presence brings a sense of growth. Pioneering is both challenging and immensely rewarding, as the upper senior school's students, parents, teachers and school community experience the new stages and phases of the human development journey; it is so enriching to be part of a team who recognise the challenges posed by our independent and maturing Year 10's, offering enriching solutions to allow these young adults to engage with who they want to be, while meeting their responsibilities and the school's expectations.

Further developing their leadership skills, Year 10 will lead the school choir in a song of their selection and teaching and they will guide a sporting activity as part of the combined 7-10 Sport on Friday afternoons.

Main Lessons continue, variations on the chemical structure of salts is keeping the Year 10's busy.

Year 8 and 9 (wanting to explore some modern history) used part of their creative writing main lesson to learn about an everyday hero who created immense social change. They created songs and poems about Rosa Parkes, Harvey Milk, Nelson Mandela, Malala Yousafzai and Martin Luther King Jnr.

Year 7 are busily preparing for their play 'King Arthur' which we eagerly anticipate viewing on Thursday August 8.

We look forward to spending a small window of time with all senior school parents for the Semester 2, Senior School Information Night. This night will give parents and teachers the opportunity to talk about our current studies and approach; for parents to ask questions and to view some of the work produced by each class during Semester 1. Important information regarding homework, the use of diaries and the development of 'will' will be major themes of the evening.



PARENT INFORMATION NIGHTS

The class teachers welcome the opportunity to gather with parents to discuss the year's progress.

Discussion nights are planned as follows in your child's classroom. Your participation is highly valued...

Tuesday 30 July Class 4 & Rosa Mundi, 7pm

Thursday 1 August Class 1, 7pm - Postponed new date TBA.

Monday 5 August Secondary, 7pm

Tuesday 6 August Class 2, 7pm

Wednesday 7 August Class 3, 7pm

OUR TEACHERS



CLARE BENNETTS
CLASS 6 TEACHER

Clare was one of the first students to attend Mansfield Steiner school. The school was then situated in Mairdample and called Mairdample Steiner School. The school building was made from mudbrick and was hand built by founding teachers and parents. Clare remembers her primary years as warm, nurturing and engaging. She thought even back then that if she ever became a teacher it would be at a Steiner School.

Clare went on to study Agricultural Science at Melbourne University, followed by a Diploma of Education. She spent some years working for the Department of Agriculture in Canberra, responsible for animal welfare. She moved back to Melbourne and joined the Department of Primary Industries. Clare then went to the Northern Territory to teach at the Minyerri Community School, a remote indigenous school. She also spent a few years teaching outdoor education at Wollangaraa and at Timbertop GGS. In 2015 Clare applied for the teaching position as the Class 3/4 teacher. She has now been teaching at the Mansfield Steiner School for almost five years and looks forward to learning and teaching new things every day. Most of all she enjoys the colourful and interesting curriculum and being able to bring fresh energy into every lesson. As the teacher follows the students up the year levels there is never a dull moment and always new things to revise before delivering lessons to the students; *"We are all on a journey of learning and Steiner inspires us to never stop being inquisitive"*, she reflects. Clare has just completed her Certificate in Steiner Education at Sunshine Coast University.



CLASS 6 FUNDRAISING

Thank you to everyone who supported the Class 6 fundraisers for charities last term.

A lot of money was raised for various organisations. Amongst others, Jasmine Shepherd managed to raise \$67.92 for "Charity: Water" by cooking and selling Vietnamese Soup. The Class as a collective group made \$240 from our pizza day for the Kids Cancer Project.

Every student worked hard and gave their earnings to others. This is a great value to foster and I commend the students as well as those who supported their projects for their efforts.



KING ARTHUR

Our Year 7 students are working hard to recreate the chivalrous times of King Arthur for their class play.

This week students have been creating sets, preparing costumes, and working hard on their lines. They are looking forward to presenting their play on Thursday 8 August, 12pm and 7pm in the Melliodora Hall.

All welcome.



INTERSCHOOL SPORTS

On Thursday 18 July four students from primary and secondary classes travelled to Bundoora to compete in the State Cross Country Run finals.

In the four seasons of Melbourne weather they put in a great effort and enjoyed the excitement of the day.

Well done Clara, Molly, Maddison and Asha.



MUSIC - Australian Music Examinations Board

A number of students from Class 4 upwards will be undertaking AMEB exams on Saturday 10 August.

Students are busy practicing and fine tuning their performance. They are also becoming familiar with the examination criteria whilst having rehearsals with Claire Little accompanying them on piano.

We wish them all well in their endeavour!



PARENTS & FRIENDS - CRAFT GROUP

Craft Group will recommence on

Tuesday 30 July 2019, 9.30am

at Eileen Wettenhall's, 8 Links Road, Mansfield.

All skills levels catered for.

Please bring reading glasses and scissors if you have any.

Enquiries to Eileen: 0488555952.



BIODIVERSITY

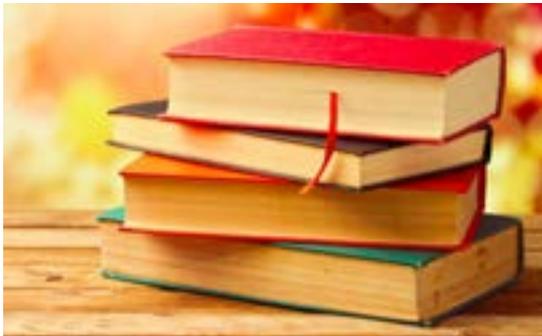
Spring is almost on our door-step, and it's time to think about our local biodiversity. First, we will be putting in some more indigenous plants, both at school and in the Mansfield environs. Last year's school plantings have established well, and we will diversify these with additional shrubs, grasses and herbs. This year, the Euroa Arboretum has grown Murrnong (Yam Daisy) and other traditionally eaten food plants, so we will be including those in our plantings.

Next time you are in the school carpark, have a look at the driveway plantings that went in last October. It took a lot of work by the Class 6 students (and a few others) to prepare the area before planting. Despite the initial dry conditions, the plants are flourishing, and before long there may even be a sprinkling of flowers on the wattles.

The new plantings will not only increase our plant diversity – they will also improve habitat for the school wildlife. Since last year, we have recorded 32 different bird species at school; if you would like

to look at our list, we will put it on the school website under 'Sustainability'. Over the last year, we have seen the cheery little pardalotes that hang out near Nelawon (Class 1) and around the staffroom. The Satin Bowerbirds have been nibbling in Prep and the veggie patch. King-parrots and Crimson Rosellas have given some colour to the *Casuarina* trees in the kinder. Ducks, herons, plovers and ibis were also seen along the waterway in Woorra Woorra, and a few Eastern Spinebills and New Holland Honeyeaters are often seen in the flowering *Grevillea* next to the staffroom kitchen.

A couple of other bird species that make their presence felt in spring are magpies and plovers. A few of the Australian Ravens at school are also well known to students and staff because of their attention-seeking antics at the windows down at Melliodora hall. We will keep an eye out for further bird species this spring, and to help the students learn about birds we have someone from Birdlife Australia visiting in the coming months.



PONDERING STEINER

We will gather on Wednesday evening at 7.00pm for a 7.30pm start for our reading group.

There is no requirement of reading aloud nor homework. All welcome!

Shop 5, 12 High Street, Mansfield
Enquiries to: Janina 0421812881 or Ishe 0488 259 571.

NOTES FROM THE OFFICE

SCHOOL ASSEMBLY CLASS PERFORMANCE DATES

Please join us for our school assembly on Fridays at 2.45pm...

Friday 2nd August - Class 4

Friday 9th August - Class 3

Friday 16th August - Class 2

Friday 23rd August - Curriculum day

Friday 30th August - Class 1

Friday 6th September - Class 6

Friday 13th September - Class 5

Friday 20th September - No assembly Spring Games/Early departure.

END OF FINANCIAL YEAR:

Building fund donation receipts for the end of the financial year have recently been sent out, if you have not received yours please contact the office.

Donations towards the school building fund are tax deductible and critical to the growth of the school as we continue to expand the facilities and cater for additional year levels.

THE GOVERNANCE COMMITTEE (GC) meet on the Fourth Monday of each month, 6.30pm in the staff room.

President – Sarah Lieber
Vice President – John Bowen
Treasurer – Tim Ross
Secretary – Scott Ersvaer
Peter Valerio, Catherine Yencken, Andy Stokes, Rosemary Brennan

PARENT RESOURCE PAGE

We now have a [Parent Resource page on our WEBSITE](#). Please take a moment to find your child's class page and access all the resources now available to you in one place.

For further news and information please follow the links below...

[LIBRARY DAYS](#)

[STUDENT MOBILE PHONES](#)

[SUNSCREEN](#)

[PRESCHOOL & SCHOOL FAMILIES](#)

[ALL VISITORS TO THE SCHOOL](#)

[ALL VISITORS - CHILD SAFE](#)

[ALL STUDENTS LEAVING EARLY OR ARRIVING LATE](#)

[ALL PARENT HELPERS AT THE KINDERGARTEN AND SCHOOL MUST HAVE A WORKING WITH CHILDREN CARD](#)

[STUDENT DROP OFF](#)

[DO NOT PARK IN THE TURNING CIRCLES](#)

[SUSTAINABILITY IN OUR SCHOOL](#)

[OUR MUSIC PROGRAM](#)

[SCHOOL POLICIES and PROCEDURES](#)

[THE SCHOOL GOVERNANCE COMMITTEE](#)

[SCHOOL LEADERSHIP TEAM](#)

[STAFF SCHOOL EMAIL ADDRESSES](#)

COMMUNITY NOTICES...



Calling all families with toddlers and babies

Mansfield's Parent-Child Mother Goose program is hatching out for Term 3!

Come and join us on Thursdays from Thursday 18th July
9.30-10.15 am

Davies St Family and Children's Centre

This FREE program runs every Thursday through term time.

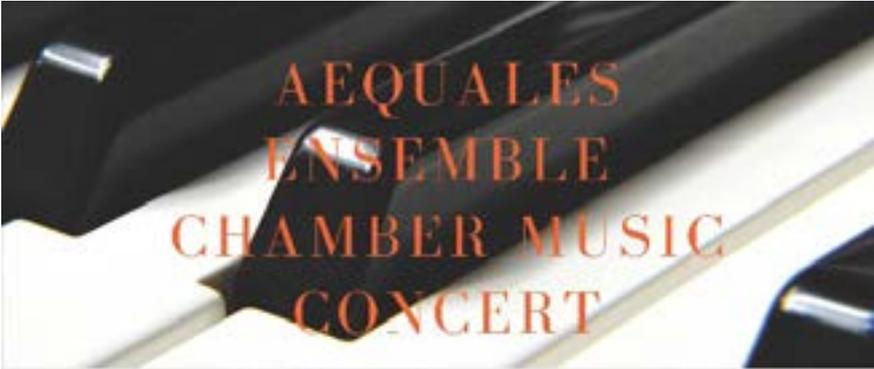
Families with new babies are welcome to join us for a Babies Mother Goose session, 10.15-10.45 am every Thursday

The program is run by our Community Health Nurse, assisted by trained volunteers.

Talk with your Maternal Child Health Nurse or your friendly librarians about the program, and come and try!

Discover the pleasure and power of using rhymes,
songs and stories together!





**AEQUALES
ENSEMBLE
CHAMBER MUSIC
CONCERT**

Internationally acclaimed musicians:

Damien Mansfield *Piano
Edwina Kayser *Violin
Danny Neumann *Viola
Sarah Cuming *Cello

*will be playing Mozart and Brahms with all
proceeds going to the Asylum Seeker
Resource Centre.*

Proudly sponsored by Mansfield RAR.

Mansfield Performing Arts Centre
Saturday, August 3, 7:00pm

Tickets are available at
***Any Room, *One Tree Two Boutique**
***email: mansfieldrar@gmail.com**
***Jeni Best 0487342379**



MURRINDINDI & MANSFIELD

Coffee & Chat or Walk & Talk Groups

Tuesday 13th August - Kinglake, Coppa Rossi

Tuesday 20th August - Yea, Walk & Talk followed by Marmalades

Friday 30th August - Mansfield, Cafe Forty One

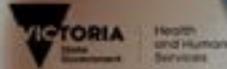
Tuesday 3rd September - Marysville, Walk & Talk followed by Fragas

Tuesday 10th September - Alexandra, Essence Cafe

All groups start at 9.30am

All details and RSVP's essential to coordinator@inspirecarers.org.au or call 0497 483 319

The Strengthening Parent Support Program provides Coffee & Chat / Walk & Talk groups as an opportunity for parents / carers who have a child with a disability to come together, share experiences and learn in a supportive environment.





 **safeTALK**
Suicide Alertness for Everyone

Presented by Michelle Graeber (ARCvic CEO) and Supported by Mansfield Shire Council

In this 3.5 hour workshop, you will learn how to become a suicide alert helper and be better prepared to:

- Notice and respond to situations in which thoughts of suicide may be present
- Apply basic TALK steps (Tell, Ask, Listen, & KeepSafe)
- Connect the person with thoughts of suicide to suicide first aid resources and further community resources

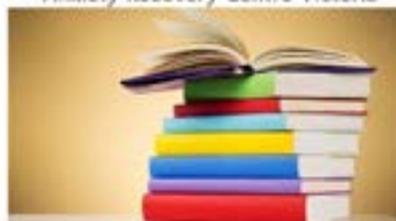
safeTALK is run by registered LivingWorks trainers and uses internationally standardized learning materials.

Date: Thursday 1st of August
Time: 1.30 to 5.00pm
Venue: Mansfield Library – Colcopy Street Mansfield
COST: FREE & BOOKINGS ESSENTIAL!

For further information or to register contact the
ARCvic Office – 9800 0566 **OR**
email Rasool Khumra: rkhumra@arcvic.org.au



MANSFIELD SHIRE



Survive and Thrive

A presentation to Manage a VCE Household, to develop practical skills and strategies for managing stress and anxiety.

TOPICS INCLUDE:

- How to help your family's VCE student to stay healthy and productive when preparing for and sitting exams
- Maintaining healthy relationships
- How to offer practical and emotional support
- Maintaining a healthy productive brain
- Healthy sleep and recreation
- How to help rather than hinder
- When enough is enough

Date: Wednesday 31st of July
Time: 6.30 to 8.30pm
Venue: Buckland Community Centre, Ervil Street, Mansfield
COST: FREE & BOOKINGS ESSENTIAL!

For further information or to register contact the
ARCvic Office – 9830 0666 or email Rospal Khumra rkhumra@arcvic.org.au



"Parenting Anxious Children" ***Community seminar***

Learning to cope with anxiety and fear is a normal part of a child's development. Whilst it's estimated that between 10 to 20 percent of children and adolescents will experience significant anxiety at some time, it is important to note that most cases are short lived. Recognizing and managing anxiety, as early as possible, enables children to gain knowledge, skills, confidence and a sense of power in managing their own worries.

The Anxiety Recovery Centre of Victoria presents, **"Parenting Anxious Children"**. This is a relaxed and informative seminar presented for your community which is specifically designed to help educate and support parents who feel that their school aged children maybe experiencing anxiety.

Topics to be covered include:

- Understanding anxiety and normal childhood development
- How personality and environment contribute
- The signs and symptoms in your children
- Types of anxiety disorders
- Methods and strategies to help support your children
- Tips on building resilience
- Where to go for more information/help

Date: Thursday 1st of August
Time: 10 to 11.30am
Venue: Mansfield Youth Centre - 7 Errol Street Mansfield
COST: FREE & BOOKINGS ESSENTIAL

For further information or to register contact the
ARCvic Office – 9830 0566 or email Raspal Khumra: rkhumra@arcvic.org.au



Many people affected by anxiety disorders find it helpful to meet and talk with others who have had similar experiences. Discussing symptoms, self-help ideas and strategies in a relaxed and understanding environment can be a great support to recovery.

The support group offers support, information and self-help for people with Obsessive Compulsives, Social Anxiety, Panic & Generalised Anxiety Disorders, Trichotillomania/Hair Pulling, Hoarding, Body Dysmorphic Disorder, Agoraphobia & Phobias.

Carers, Family Members and Friends also welcome.

Mansfield

Anxiety Disorders Support Group

Meets the **FIRST THURSDAY** each month

Thursday 1st August 2019

- Venue:** Buckland Community Centre, Erril Street, Mansfield
- Time:** 7.30pm – 8.30 *followed by Guest Speaker: Michelle Graeber CEO of ARCvic presenting Mindfulness from 8.30 to 9.30pm*
- Cost:** FREE (Gold coin donation appreciated to cover tea/coffee biscuits)

Anxiety Recovery Centre Victoria
Helpline: (03) 9830 0533 / 1300 269 438
Office: (03) 9830 0566 292 Canterbury Road, Surrey Hills
W: www.arcvic.org.au E: arcmail@arcvic.org.au
PO Box 367 Surrey Hills VIC 3127



Copyright © 2019 Education, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

